



BULA & WELCOME TO FIJI,

As General Manager of Tradewinds Hotel & Convention Centre, I am delighted to welcome you to Lami Bay, Suva and the magnificent FIJI Islands.

In a world of over 333 islands and almost every conceivable activity to choose from, you can be assured of one thing now that you have arrived in our pleasant South Pacific destination... you will experience memorable days and nights that will last a lifetime.

Suva - the Capital of Fiji, was developed in the late 1800's and retains much of the character of the colonial period. Its many attractions include shopping, restaurants, nightclubs, markets, a museum and sightseeing tours. You can enjoy a walk around the central city area, which will uncover numerous surprises. The Roman Catholic Cathedral is a Suva landmark and a leisurely stroll down Victoria Parade (the main avenue) will take you past an array of restaurants, clothing and book stores as well as banks and airline offices. Here you'll see the blending of traditional, early 20th century South Pacific buildings juxtaposed with modern high-rise structures. Towards the end of the Parade are the Government Buildings, which open on to Albert Park and Thurston Gardens.

A short bus or taxi ride south toward Suva Point will take you to the architecturally striking Parliament Buildings.

Fiji Museum. City sights include fine colonial buildings, sea wall walks, Government Buildings, bustling city markets, the Suva yacht Club, the Fiji Golf course, National sports stadium and gymnasium hosted events, hiking trip with the Rucksack Club. Nightlife includes cinemas, nightclubs, restaurants and bars.

Our hotel reputation has been built on the personal attention our staff gives to each guest and I trust that you will find us responsive to any requests you may have. This information folder will provide some important details for you to know whilst staying with us. We suggest you take a few minutes to familiarise yourself with our services and facilities.

If there is anything we can do for you whilst you are staying at the Tradewinds Hotel & Convention Centre, please do not hesitate to contact us on extension 0.

We do value your feedback and suggestions and encourage you to advise us of your thoughts by completing the questionnaire in your room.

Enjoy your stay and again welcome – it is great to have you here with us.

Vinaka,

Brian Townsend
GENERAL MANAGER



AIRPORT TRANSFERS dial 760

A 24-hour tax service is available. Arrangements may be made to book a taxi by contacting the reception.

BABY-SITTING dial 772

Should you require a babysister, please contact our Duty Manager. This service if available has a charge.

BALCONY

The guest room is air-conditioned with individual temperature control to ensure maximum comfort. It is advisable to keep the balcony sliding door closed at all times to keep out excess humidity and insects.

BUSINESS CENTRE dial 760

The hotel offers internet, printing, typing and email facilities. Please contact reception for further information.

CASHIER dial 760

The cashiers are located at the Front Desk. Our cashiers will be pleased to assist with foreign currency transactions.

CHECK OUT TIME dial 760

Check out time is 11am. Should you wish to occupy the room past this time, please check with reception for availability. A charge does apply for room occupancy past this time.

CREDIT CARDS dial 760

Tradewinds Hotel accepts American Express, Diners, Visa and Mastercard.

CYCLONE/HURRICANE dial 760

You should be aware we are located in an area at risk to Cyclones/Hurricanes. In the event of such an incident it is important that you follow directions.

* When a blue alert is advised:
- Stay in the hotel grounds.
- Await further instructions from hotel staff

* When a yellow alert is advised:
- Remain in your guest room or in an outlet of the hotel where staff can easily locate you.
- Pack a small bag of personal items in case you need to be relocated.
- Await further instructions from hotel staff

* When a red alert is advised:
- Remain in your guest room unless advised to relocate by hotel staff.
- Leave a window open 5cm to relieve pressure.
- Do not leave your room under any circumstances, even if the wind stops, until advised by hotel staff to do so.

DOCTOR dial 0

For an appointment at any time, please call our Duty Manager.

DUTY MANAGER dial 0

The Duty Manager is available 24 hours a day and can be contacted through the operator

ELECTRICITY dial 0

240 volts of 50 HZ cycles are provided in all guest rooms.

EMERGENCY / EVACUATION PLAN dial 760

In case of emergency, please contact reception. It is important that you familiarize yourself with the emergency instructions on the back of the door and the locations of the nearest exits.

FIRE PRECAUTIONS

Please refer to the notice board behind the entrance door of your guest room for the location of extinguishers.

If you discover a fire,

- Notify reception by dialing '0'
- Follow the evacuation procedures located on the rear of your guest room door.
- Await further instructions from hotel staff.

If you hear an alarm,

- Immediately follow the evacuation procedure, assisting those who require it.
- Await further instructions from hotel staff.

FOREIGN EXCHANGE

dial 760

Most currency notes and travellers cheques may be cashed with the cashier location at Reception.

GIFT SHOP

The gift shop is located in reception, offering a range of Fijian arts and crafts, grocery items, postage stamps, and much, much more.

GOLF COURSE

The Fiji Golf Club has developed a challenging 18 hole executive golf course located in Vatuwaqa, Suva. Golf is available during daylight hours. Charges apply for green fees and hire of any equipment.

IRONING FACILITIES

dial 753

Ironing services are provided in each accommodation wing. If you would like an iron and ironing board delivered to your room, please contact our housekeeping department.

IN-ROOM SAFES

For security, it is recommended that all valuables be stored in the in-room safes.

LAUNDRY, DRY-CLEANING, PRESSING

dial 760

Laundry service is available daily; please have your laundry bag with completed laundry list by 8.00am. Call reception to have this collected or drop off to reception. The items will be returned to your room in the evening. Laundry bags and price lists are in the desk draw.

LOST PROPERTY

dial 0

Please contact our Duty Manager with details for assistance.

LUGGAGE

dial 0

For collection and storage, please contact the porters through our receptionist.

MEETING /

BANQUETING

dial 0

For special catering requirements, business or social, please contact our Sales office.

PRAYER SERVICES

dial 760

With respect to all religious groups, various temples are located in the Suva vicinity. Please contact the Receptionist for information on time and location of these services.

SECRETARIAL SERVICES

dial 760

With prior notice, secretarial services can be offered upon request. Please contact Reception or our Duty Manager.

SHOPPING

Visit Lami and Suva markets for a unique Fijian experience, or pick up local craftwork, jewellery and clothing at Suva's vast array of shops.

SERVICES

SWIMMING POOL

dial 760

The hotel offers a freshwater pool, ideal lounging spot supplemented by our Bayview Bar and snack menu. The pool hours are until 10.00pm. The hotel tries to ensure that the swimming pool area is safe for guests. Swimming in the pool will be at one's own risk.

SIGHT-SEEING TOURS AND CRUISES

dial 794

Information is available at the Tour Desk next to Reception where bookings may also be made.

SQUASH

dial 760

Squash courts are available in Suva city. Please contact our Receptionist for more information.

TENNIS COURTS

dial 760

Tennis courts are available in Suva city. Please contact our Receptionist for more information.

TSUNAMI

dial 760

You should also be aware we are located in an area at risk to Earthquake, in the event of such an incident it is important that you,

If you hear the sound of a constant siren sounding,

- evacuate immediately to the muster point indicated on the evacuation procedures on the rear of your guest room door.

If the waters rise without warning or surge suddenly,

- stay where you are and await further instructions from hotel staff.

Move immediately to higher ground if your current location is not safe.

Await further instructions from hotel staff, or if this is not possible try to follow instructions of locals or emergency services if available.

VISITORS IN THE ROOM

In the interest of hotel security, unregistered guests are requested to leave guest rooms by 7.00pm.

WAKE UP CALLS

dial 0

Please advise our operator.



FOOD & BEVERAGE OPTIONS

RESTAURANT

Located off the lobby overlooking the spectacular Lami Bay, the restaurant provides a wide range of cosmopolitan cuisine, catering for all tastes. Great food, cocktails and the like.

Open 6.00am to 10.30am for Breakfast and 6.00pm until 10.00pm for Dinner

IN-ROOM DINING

We offer an extensive room service menu offering a selection of breakfast, snack, lunch and dinner menu options. The full service menu is available from 6.00am until 11.00pm.

We offer a limited "Overnight Menu" between the hours of 11.00pm and 6.00am.

dial 765

LOBBY BAR

With un-interrupted views of Lami Bay, our Lobby Bar offers relaxed alfresco dining in the lobby and by the pool from 10.00am till late.



TAKEAWAY

We offer an "Express Menu" between the hours of 6.00am until 6.00pm for a snack on the go. This service offers environmentally friendly packaging and is ideal for guests wanting a light, quick and easy meal that they can take with them. All packaging is 100% disposable.

dial 765



TELEPHONE NUMBERS

ROOM TO ROOM DIALLING

Please dial the Room Number

LOCAL CALLS

Dial 9 -> Corresponding number

INTERNATIONAL CALLS

Dial 9 -> 00 -> Country Code -> Corresponding Number

INTERNATIONAL COUNTRY CALLS (IDD)

These times are based on Fiji Standard Standard Time. They do not reflect changes due to Daylight saving.

Country	Code	Time Difference in hours	Country	Code	Time Difference in hours
Australia	61		Macau	853	4
Australian City Codes			Malaysia	60	4
Adelaide	8	2.5	Malta	356	11
Brisbane	7	2	Nauru	674	0
Canberra	6	2	Netherlands	31	11
Darwin	8	2.5	New Caledonia	687	1
Hobart	3	2	New Zealand	64	0
Melbourne	3	2	Norway	47	11
Perth	9	4	Papua New Guinea	675	2
Sydney	2	2	Phillipines	63	4
Austria	43	11	Poland	48	11
Bahrain	973	9	Russia	7	9
Belgium	2	11	Singapore	65	4
Brazil	55	15	South Africa	27	10
Canada	1	(West) 20	South Korea	82	3
Canada	1	(East) 16	Spain	34	11
China	86	4	Sri Lanka	94	6.5
Denmark	45	11	Sweden	46	11
Finland	358	10	Switzerland	41	11
France	33	11	Taiwan	886	4
French Polynesia	69	22	Thailand	66	5
Germany	9	11	Turkey	90	10
Greece	30	10	United Arab Emirates	971	8
Hawaii	1808	22	United Kingdom	44	12
Hong Kong	852	4	USA	1	(West) 20
Hungary	36	11	USA	1	(East) 17
Indonesia	62	4.5	Vanuatu	678	1
Iran	98	8.5	Venezuela	58	16
Iraq	964	9	Vietnam	84	5
Ireland Republic	353	12	Western Samoa	685	23
Israel	972	1	Yugoslavia	381	
Italy	39	11			

ALL CALLS ARE METERED AT RECEPTION AND WILL BE BILLED TO YOUR ROOM ACCOUNT

AIRLINE OFFICES

NAUSORI (SUVA) AIRPORT

AIR FIJI	999 5767
Flight Information	347 8077
AIR PACIFIC	347 8859
PACIFIC SUN	347 7310

NADI AIRPORT

AIRCALIN	672 2145
AIR FIJI	672 2521
AIR NEW ZEALAND	
Flight Information	672 2777
Sales	672 2955 / 672 2472
Duty Manager	672 8230
AIR PACIFIC	
Head Office	672 0777
Flight Information	672 2777
Reservations	672 0888
Sales	672 2272
AIR VANUATU	672 2521 / 672 2777
POLYNESIAN AIRLINES	672 3822
QANTAS	672 2880 / 672 2700
ROYAL TONGAN	672 4355 / 672 4349
SUN AIR	
Head Office	672 3555
Reservations	672 3016
Sales	672 3539
SOLOMON AIRLINES	672 22831

NAUSORI (SUVA) AIRPORT

AIRPORTS FIJI LIMITED	347 8344
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NADI AIRPORT

AIRPORTS FIJI LIMITED	672 5777
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NOTE:

These listed telephone numbers relate to normal business hours.

Information that relates to domestic or international flights from Nadi Airport within 24 hours can be obtained from Air Terminal Services on 672 2777.

Airline itineraries may change without any notice. Please call the operator on Extension 0 should you need assistance.

HIGH COMMISSIONS IN SUVA

HIGH COMMISSION	PHONE	FAX
Australian High Commission 37 Princes Road GPO Box 214	338 2211	338 2065
British High Commission 47 Gladstone Road GPO Box 1355	322 9100	322 9132
High Commission of India Level 5 & 7, LIC Building, Butt Street GPO Box 671	330 1125	330 1032
High Commission of Tuvalu Tuvalu House, 16 Gorrie Street GPO Box 14449	330 1355	330 8479
Kiribati High Commission 36 McGregor Road PO Box 17937	330 2512	331 5335
Malaysian High Commission 5th Floor, Pacific House GPO Box 356	331 2166	330 3350
Nauru High Commission 7th Floor, Ratu Sukuna House PO Box 2420, Government Buildings	331 3566	330 2861
New Zealand High Commission 8th Floor, Reserve Bank Building Pratt Street	331 1422	330 0842
Papua New Guinea High Commission 3rd Floor, Credit House PO Box 2447, Government Buildings	330 4244	330 0178

EMBASSIES IN SUVA

EMBASSIES

PHONE

FAX

Embassy of France
7th Floor, Dominion House
Private Mail Bag

331 2233

330 1894

Embassy of Japan
2nd Floor, Dominion House

Embassy of The Federated States of Micronesia
37 Loftus Street

330 4566

330 4081

Embassy of The People's Republic of China
147 Queen Elizabeth Drive
Private Mail Bag
Nasese

330 0215

330 0950

Embassy of The Republic of Indonesia
91 Gordon Street

331 6697

331 6696

Embassy of The Republic of Korea
8th Floor, Vanua House

330 0977

330 8059

Embassy of The Republic of The Marshall Islands
41 Booran Road
PO Box 2038, Government Buildings

338 7899

338 7115

Embassy of The United States of America
31 Loftus Street
GPO Box 218

331 4466

330 2267